

10/15/2023  
**WELCOME**

**Message by Pastor Jeff**  
Exodus 15 - 17

**MISSION PRAYER FOCUS:**  
YOUTH FOR CHRIST - REILLY SMITH

**NEXT SUNDAY 10/22/2023**

**Prayer Meeting @ 8:30 a.m.**

**Sunday School @ 9:30 a.m.**  
Adult SS - Patrick Wells

**Worship Service @ 10:30 a.m.**

**Message by Patrick Wells**  
**from One by One Ministries**

## UPCOMING EVENTS

### "GRIEF SHARE" SUPPORT GROUP

**Wednesdays @ 10:00am**

"GriefShare" support group meets every Wednesday here at Cornerstone. If you have lost a close family member or friend, this is for you. Pamphlets are at the back. Contact Helen Wall for more information: [helenwall7@gmail.com](mailto:helenwall7@gmail.com) or 204-825-7803.

### LADIES' BIBLE STUDY - KEEP YOUR LOVE ON

**Starting this week! Thursdays @ 10:00am at**

**Cornerstone. Keep Your Love On** by Danny Silk is a study on connection, communication, and boundaries. Books and study guides are available through Amazon or [www.christianbook.com](http://www.christianbook.com). For assistance, or more info, contact Helen Wall at 204-825-7803 or [helenwall7@gmail.com](mailto:helenwall7@gmail.com).

### BIBLE STUDY - HEALING IS A CHOICE

**Thursdays @ 7:00pm at Cornerstone**

Healing is a Choice by Stephen Arterburn is a study of 10 decisions that will transform your life, and ten lies that can prevent you from making them. There are books available in the library so feel free to help yourself! Everyone is welcome!

### PVBC SPLIT & STACK

Come for a friendly log splitting competition at our **Split & Stack event on October 21**. For more information or to register please visit our website or contact the camp office.

### COMMUNITY FOOD BANK

The Community Food Bank's Annual General Meeting is on **October 25th @ 6:30pm** in the Rock Lake Pastoral Charge basement. It is open to everyone who wishes to attend. The Community Food Bank is currently looking for donations of Cheez Whiz, cereal, pasta, pasta sauce, canned meat, canned vegetables, canned fruit, Kraft Dinner, soup, and juice.

### ROCK LAKE PALLIATIVE CARE VOLUNTEER TRAINING

Anyone interested in becoming a Palliative Care Volunteer with our program is invited to attend two days of training on **October 16 and 23 from 9:00-3:30 at the Morden Christian Life Centre**. Lunch will be provided. There is no cost for training and mileage expenses are reimbursed. You are required to attend both days of training to become a volunteer. We are always in need of volunteers to visit those near end of life. If you wish to register or have questions please call or text Pam King at 204-825-4357.

## SR YOUTH

### SR YOUTH NIGHT

**Tuesday, October 17, 7:30-10:00pm**

Anyone in **grade 9-12** welcome to come down for a night of Bible study, games, and hanging out with friends!

### SBC EXPEDITION NOW!

**Saturday, October 21**

SBC is having their annual amazing race at the college. "The Color" is playing in the evening. Sign up with Andy.

## JR YOUTH

### JR YOUTH NIGHT

**Wednesday, October 25, 7:00-9:00pm**

Anyone in **grades 7-8** is welcome! Invite your friends!!

## QUEST

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**Wednesday, October 18, 3:45-5:15pm**

Anyone in **grades 4-6** is welcome! Heather Friesen will be walking with the kids to church from TGMS after school. Invite your friends!!

## YOUNG ADULTS

### GYM NIGHT

**Wednesday, October 18 @ 7:30pm**

**\*NEW\*** We will be starting our church gym nights! Come down to join in the fun or just hang out!

### YOUNG ADULTS LUNCH

**Sunday, October 22**

Come after church to Andy & Clarissa's to share a meal, hang out and connect with each other. Bring \$10 for lunch.

### OPERATION CHRISTMAS CHILD SHOE BOXES

Shoe boxes are available to take in the foyer. Please have them back to church by **November 12**. If you have any questions please talk to Cindy Reimer.

### INNER CITY YOUTH ALIVE

Inner City Youth Alive is looking for 40 cans of diced tomatoes for Christmas hampers. We will be collecting in the foyer in the next couple weeks.

### MEALS ON WHEELS

If anyone would be willing to help with Meals on Wheels in November on behalf of Cornerstone, please talk to Dorothy Martens

## SERMON NOTES



# CORNERSTONE MINISTRIES CHURCH

Congratulations to  
**Scott & Courtney Reimer**  
on the birth of their son,  
**Waylon Scott Reimer**  
on October 9, 2023.  
6 lbs. 14 oz.

### DEACON'S CORNER

The team of deacons at Cornerstone welcomes you to reach out to them regarding needs in our congregation and community. The deacons are Don & Dana Gerbrandt, Sheila Smith, Helen Wall, Milt & Linda Krahn and David & Judi Heide.

Your involvement is appreciated!

If you know of an individual/family that are in a situation (for example: illness or injury, new baby, bereavement) where help with meals is needed, please contact Sheila Smith to share the information.

PASTOR JEFF'S PH # (204) 781-6929  
OFFICE PH # (204) 873-2000

PRAYER CHOIR - jeff@cornerstoneministries.ca

PASTOR ANDY'S PH # (204) 825-4614  
PASTOR PETER'S PH # (204) 208-0125  
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OUR PURPOSE IS TO  
MEET, KNOW, LOVE & LIVE JESUS